

Miscellaneous

Postage stamps & newspaper • Gifts • • Cigarettes • • Tithes & charitable gifts • •

Telephone

Basic service •
Long distance • •
Cell phone •
2 cell phones • •

Housing

Government housing •
Share apartment/house • •
Small house • •
Large house • • •
House paid for • •

Child Care

Stay at home o

1 child – full days • •

2 children – full days • • •

1 child – after school •

Transportation

Public transportation •
Buy a used vehicle • •
Buy a new vehicle • •
Vehicle paid for •

Utilities

Included in rent o
Cost shared by roommate •
Small house • •
Large house • •

Medical

Free public health care o Fringe benefits of job • Group coverage • • Individual coverage • •

Home Furnishings

Buy at used or discount stores • Buy at department stores • • Shop at exclusive stores • • •

Clothing

Discount store, thrift shop, used clothing •
Department stores • •
Designer clothes • •

Personal Care

Generic products • Selected products • • Hair styled and colored, name-brand products • • •

Instructions

Make one selection in each category. Spend the amount indicated by placing beans(s) in the accompanying box or boxes.

Once you have all of your (20) beans in place, pretend that your income has been cut and remove 3 beans from anywhere you choose.

Where did you make cutbacks and why? If you gave up a bad habit — good for you! Now that you have trimmed your budget, try to put that extra money into a savings account.

Food

Food stamps o

1dinner out •

Fast food lunches • •

Eat all meals out • • •

Entertainment

Visits with friends, picnics o
Cable television, movies •
Concerts, vacations, spectator
sports • •